

FOR DATES OF INJURY ON AND AFTER JANUARY 1, 2020

WORKERS' COMPENSATION

WORKERS' COMPENSATION BOARD REGIONAL OFFICES

AUGUSTA	LEWISTON	BANGOR	PORTLAND	CARIBOU
140 State Center Drive, Suite 225 150 State House Station Lewiston, ME 04203-1101 703-737-2222 1-800-480-4854	30 Main Street Lewiston, ME 04203-1101 703-737-7370 1-800-480-4854	380 Main Street, Suite 100 Bangor, ME 04401 748-3333 1-800-480-4854	107 Foster Avenue, Suite 111 Portland, ME 04103 703-627-4440 1-800-480-4854	43 Main Street, Suite 110 Caribou, ME 04724-2047 703-446-4443 1-800-480-4854

Visit our website at www.maine.gov/

Notice to Employees:

State law requires your employer to provide workers' compensation insurance for employees. Workers' compensation insurance provides benefits to employees who are injured or become disabled while working for their employer.

If you are injured or become disabled while working for your employer, you may be eligible for workers' compensation benefits. You should contact your employer's workers' compensation administrator for more information.

Notice to Employers:

State law requires you to provide workers' compensation insurance for employees. Workers' compensation insurance provides benefits to employees who are injured or become disabled while working for their employer.

If you are injured or become disabled while working for your employer, you may be eligible for workers' compensation benefits. You should contact your employer's workers' compensation administrator for more information.

Maine Workplaces Support Nursing Employees

An employer who is found to have violated this law through a hearing process must pay a civil penalty of \$100-\$500 for every violation.

This document is a collaborative effort of the Maine WIC Coalition Program and the Department of Labor.

<https://www.maine.gov/labour/posters/>

Employer of nursing employees, if you are a state or a local, state or federal, or a private or public employer, you must:

- Post this document in a conspicuous place in your workplace.
- Display this document in a conspicuous place in your workplace.
- Display this document in a conspicuous place in your workplace.

New employees request nursing care?

- Notify your employer of your request for nursing care.
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For more information on this poster, visit our website:

<https://www.maine.gov/labour/posters/>

Veterans' Benefits & Services

Benefits and Services for Maine Veterans can be accessed through the Maine Bureau of Veterans' Affairs and the Department of Veterans' Affairs.

The poster describes the benefits and services offered to Maine veterans and their families.

<https://www.maine.gov/veterans/>

Minimum Wage

Law of the State of Maine provides protection for people who work in Maine. The Department of Labor administers the law, which all employers must follow. Department representatives inspect workplaces to ensure compliance. Citations and penalties may be assessed for violations.

Maine Law (Title 26 M.R.S.A. § 6-B) requires every employer to place this poster in the workplace.

This poster is available online at no charge and may be copied: <https://www.maine.gov/labour/posters/>

Minimum Wage

Minimum Wage, an agricultural and non-agricultural minimum wage, is the lowest amount an employer can pay for work performed. This includes all workers, regardless of their age, sex, race, or ethnicity.

Maine Law (Title 26 M.R.S.A. § 6-B) requires every employer to place this poster in the workplace.

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Whistleblower's Protection Act

Protection of Employees Who Report or Refuse to Commit Illegal Acts

This poster describes some important parts of the law. A copy of the actual law and formal interpretations may be obtained from the Department of Labor, Bureau of Labor Standards, and the Bureau of Workers' Compensation.

Maine Law (Title 26 M.R.S.A. § 309) requires every employer to place this poster in the workplace where workers can easily see it.

<https://www.maine.gov/labour/posters/>

Regulation of Employment

Law of the State of Maine provides protection for people who work in Maine. The Department of Labor administers the law, which all employers must follow. Department representatives inspect workplaces to ensure compliance. Citations and penalties may be assessed for violations.

Maine Law (Title 26 M.R.S.A. § 4-B) requires every employer to place this poster in the workplace where workers can easily see it.

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Child Labor Laws

Child Labor Laws of the State of Maine provide protection for people under the age of 18 in both agricultural and non-agricultural jobs. The Maine Department of Labor administers the laws, which all employers must follow. Department representatives inspect workplaces to ensure compliance. Citations and penalties may be assessed for violations.

Maine Law (Title 26 M.R.S.A. § 42-B) requires every employer to place this poster in the workplace where workers can easily see it.

<https://www.maine.gov/labour/posters/>

Maine Employment Security Law

This poster is designed to notify individuals of their rights regarding the filing of claims for unemployment benefits. It does not have the force of law.

Maine Law (Title 26 M.R.S.A. § 42-B) requires every employer to place this poster in the workplace where workers can easily see it.

<https://www.maine.gov/labour/posters/>

Video Display Terminals

The Maine Video Display Terminal (VDT) Law gives certain rights to people who use video display terminals in their workplaces.

Maine Law (Title 26 M.R.S.A. § 42-B) requires every employer to place this poster in the workplace where workers can easily see it.

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THE MAINE HUMAN RIGHTS ACT PROHIBITS SEX DISCRIMINATION

SEXUAL HARASSMENT ON THE JOB IS ILLEGAL. IF YOU FEEL YOU HAVE BEEN DISCRIMINATED AGAINST, CONTACT:

MAINE HUMAN RIGHTS COMMISSION
201 State Street
Augusta, ME 04333-1001
PHONE: (207) 624-5200
TDD: (207) 624-5200
WWW.MAINEHRC.COM

Sexual Harassment Education and Training

Additional Resources:

- Office of Human Resources
- Maine Human Rights Commission
- Maine Human Rights Commission

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